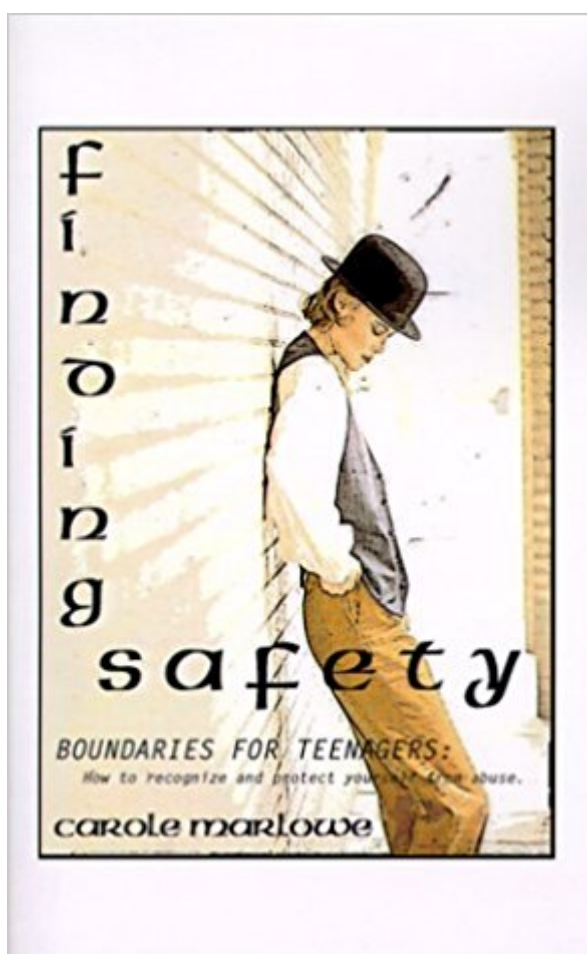


The book was found

# Finding Safety: Boundaries For Teenagers: How To Recognize And Protect Yourself From Abuse



## Synopsis

Learn how to recognize abuse and how to keep yourself safe from it.

## Book Information

Paperback: 152 pages

Publisher: 1st Book Library (December 19, 1999)

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Shipping Weight: 8 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars 6 customer reviews

Best Sellers Rank: #1,628,503 in Books (See Top 100 in Books) #29 in [Books > Teens > Social Issues > Physical & Emotional Abuse](#)

## Customer Reviews

I think it's sad that we require high school students to read all kinds of irrelevant literature, but not something like this which is totally relevant to what they are going through and would undoubtedly help them to transition through those difficult years. This is an excellent book for anyone who has a teenager, works with teenagers, has ever been a teenager, or knows anyone who was abused ever in their lives. So, pretty much everyone could benefit from the information in this book. Very clear and concise, nicely organized, I keep buying more copies and giving them away as I find people who seem to need them. I wonder if I can get a discount if I purchase a whole case?

Any one who knows a teenager will benefit from this book. Marlowe teaches everyone how to truly see the light shining in every emerging adult. This book should be required reading for parents, educators and law enforcement. If you are a teenager, lucky you. This book will validate you as a worthy human being at the same time provide you with life long skills that will help you recognize abuse and abusive patterns in others and ultimately, help you continue to grow as a healthy human being with dignity. This book is long over due, literally everyone can benefit from reading it. Buy it today and change not only your life but those around you.

In my work as a counselor, I use this book with adult women who are abuse survivors. Marlowe provides clear and concise definitions of the specific types of abuse and boundary violations. This

book provides a wonderful source of skills for personal empowerment of teenagers, i.e. information that is validating and useful to young people who may have abuse in their histories. I find it a powerful tool in working with adults, who often need this validation as well! I especially like the layout of the book, which makes it easy to use as a therapeutic tool. A great resource for counselors and educators alike.

Marlowe's book contains useful information for everyone. She provides clear and easy ways to determine harmful situations without having to wade through extra information. It can be used to flip to one area of interest or read in its entirety. This book is perfect for anyone who works in counseling or education, is a parent, or simply wants to define their own personal boundaries.

As a Child Advocate, I found this book to be most helpful and useful in my work. Several teenagers that I currently work with have been struggling with difficult issues at home. After reading this book they have been able to make some positive changes. It is a user-friendly book for both teenagers and adults.

Finding Safety is geared towards teenagers in abusive situations, and it offers great, clear advice. But anyone can benefit from reading this book, and relate to the stories being told. Marlowe offers support and advice in an easy to read format. I highly recommend this book.

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